

MAHATMA GANDHI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE, LUCKNOW

Ref. No: MGAMC/2025-26/344

BAMS 1ST Prof. TIME TABLE (Batch-2025)

Date: 31/03/2026

Time → Days ↓	9:30AM-10:30AM	10:30AM-11:30AM	11:30AM-12:30PM	12:30PM 01:30PM	1:30PM-2:30PM	2:30PM-3:30PM	3:30PM-4:30PM
Monday	PADARTHA VIJANAM Theory (NLH) Dr. Ayushi Prakash (Assistant Prof.)	KRIYA SHARIR Theory (LH) Dr. Rajat N Singh (Associate Prof.)	SAMHITA ADHYAYAN-1 Theory (LH) Dr. Mandakini P Singh (Associate Prof.)	L U N C H	SANSKRIT & AYURVED ITIHAS Theory (LH) Mr. Pankaj Kr. (Assistant Prof.)	RACHANA SHARIR Practical (NLH) Dr. Arti (Assistant Prof.)/ Dr. Ankur M Tripathi (Asso. Prof.)/ Prof. Ramesh K Singh (Professor)	SAMHITA ADHYAYAN-1 Theory (NLH) Dr. Mandakini P Singh (Associate Prof.)
Tuesday	RACHANA SHARIR Theory (LH) Dr. Arti (Assistant Prof.)	KRIYA SHARIR Theory (LH) Dr. Ashish Jaiswal (Associate Prof.)	SAMHITA ADHYAYAN-1 Theory (LH) Dr. Ayushi Prakash (Assistant Prof.)		SANSKRIT & AYURVED ITIHAS Theory (LH) Mr. Pankaj Kr. (Assistant Prof.)	RACHANA SHARIR Practical (NLH) Dr. Arti (Assistant Prof.)/ Dr. Ankur M Tripathi (Asso. Prof.)/ Prof. Ramesh K Singh (Professor)	KRIYA SHARIR Practical (NLH) Dr. Rajat N Singh (Asso. Prof.)/ Dr. Ashish Jaiswal (Asso. Prof.)/ Prof. Rajeev K Pandey (Professor)
Wednesday	RACHANA SHARIR Theory (LH) Prof. Ramesh K Singh (Professor)	PADARTHA VIJANAM Theory (LH) Dr. Mandakini P Singh (Associate Prof.)	SAMHITA ADHYAYAN-1 Theory (NLH) Dr. Ayushi Prakash (Assistant Prof.)		SANSKRIT & AYURVED ITIHAS Theory (NLH) Mr. Pankaj Kr. (Assistant Prof.)	RACHANA SHARIR Practical (NLH) Dr. Arti (Assistant Prof.)/ Dr. Ankur M Tripathi (Asso. Prof.)/ Prof. Ramesh K Singh (Professor)	KRIYA SHARIR Practical (NLH) Dr. Rajat N Singh (Asso. Prof.)/ Dr. Ashish Jaiswal (Asso. Prof.)/ Prof. Rajeev K Pandey (Professor)
Thursday	RACHANA SHARIR Theory (LH) Dr. Ankur M Tripathi (Associate Prof.)	PADARTHA VIJANAM Theory (LH) Dr. Ayushi Prakash (Assistant Prof.)	SAMHITA ADHYAYAN-1 Theory (NLH) Dr. Mandakini P Singh (Associate Prof.)		SANSKRIT & AYURVED ITIHAS Theory (NLH) Mr. Pankaj Kr. (Assistant Prof.)	RACHANA SHARIR Practical (NLH) Dr. Arti (Assistant Prof.)/ Dr. Ankur M Tripathi (Asso. Prof.)/ Prof. Ramesh K Singh (Professor)	KRIYA SHARIR Practical (NLH) Dr. Rajat N Singh (Asso. Prof.)/ Dr. Ashish Jaiswal (Asso. Prof.)/ Prof. Rajeev K Pandey (Professor)
Friday	RACHANA SHARIR Theory (LH*/NLH**) Dr. Arti (Assistant Prof.)	KRIYA SHARIR Theory (LH) Dr. Ashish Jaiswal (Associate Prof.)	SAMHITA ADHYAYAN-1 Theory (NLH) Dr. Mandakini P Singh (Associate Prof.)		SANSKRIT & AYURVED ITIHAS Theory (NLH) Mr. Pankaj Kr. (Assistant Prof.)	RACHANA SHARIR Practical (NLH) Dr. Arti (Assistant Prof.)/ Dr. Ankur M Tripathi (Asso. Prof.)/ Prof. Ramesh K Singh (Professor)	KRIYA SHARIR Practical (NLH) Dr. Rajat N Singh (Asso. Prof.)/ Dr. Ashish Jaiswal (Asso. Prof.)/ Prof. Rajeev K Pandey (Professor)
Saturday	RACHANA SHARIR Theory (NLH) Dr. Ankur M Tripathi (Associate Prof.)	KRIYA SHARIR Theory (NLH) Dr. Rajat N Singh (Associate Prof.)	SAMHITA ADHYAYAN-1 Theory (LH) Dr. Ayushi Prakash (Assistant Prof.)		SANSKRIT & AYURVED ITIHAS Practical (NLH) Mr. Pankaj Kr. (Assistant Prof.)	PADARTHA VIJANAM Theory (NLH) Dr. Mandakini P Singh (Associate Prof.)	SAMHITA ADHYAYAN-1 Theory (NLH) Dr. Ayushi Prakash (Assistant Prof.)

1st & 2nd week of month.

*3rd, 4th & 5th week of month.